**2021-2022 CANYONS TRANSITION ACADEMY SCHEDULE AND CLASS REGISTRATION (Second Semester)**

**STUDENT NAME:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ***[Check one box per day.]***

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| **TIME** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **8:00** | **UTA Travel Training Begins** | **UTA Travel Training Begins** | **UTA Travel Training Begins** | **UTA Travel Training Begins** |  |
| **8:30 to**  **9:15** | **Student-Directed Planning, Hygiene & Weather Check with Students and Morning Centers** | **Student-Directed Planning, Hygiene & Weather Check with Students and Morning Centers** | **Student-Directed Planning, Hygiene & Weather Check with Students and Morning Centers** | **Student-Directed Planning, Hygiene & Weather Check with Students and Morning Centers** |  |
| **9:20 to**  **2:00**  **Student Classes**  **Choose one class each day.** | ☐**BR Recreation and**  **Time Management**  ☐**BR Car Detailing (Job site)**  ☐**N Menu Planning/Shop/**  **Meal Preparation/Lunch**  ☐**N O.C. Tanner (Job site)**  ***Janitorial tasks***  ☐**BH Life Skills for**  **Young Adults**  ☐**K Voc. Rehab. Job Readiness**  ☐**K UT Ind. Living Center**  *Employment Skills/ Adult*  *Services and Advocacy*  **T(P)Shop/Prepare lunch**  **Custodial/ Institute** | ☐**K Walmart Plant Dept. (Job site)**  ☐**K UT Ind. Living Center**  *Nutrition/Money Management*  ☐**BH Beginning Menu Planning,**  **Shop and Food Preparation**  ☐**N Job Club**  *Job Skills*  ☐**BR Fit for Life**  ☐**N School Kitchens (Job site)**  **(Alta View, Union, Eastmont)**  ☐**BR Nickel Mania (Job site)**    **T(P)Home Living/Personal Care**  **Custodial/Classroom Jobs** | ☐**K Home Living**  ☐**K UT Ind. Living Center**  *Social Skills/Taking Care of Home*  ☐**BR Computer Tech and**  **Journey to Adulthood**  ☐**BR LDS Institute, Release Time**  ☐**N CTA Crew Foods Sales**  **(Job site)**  ☐**N Recycling, Shredding,**  **Filing at CTA (Job site)**  **and Draper Library**  ☐**BH Personal Care**  ☐**N School Kitchens (Job site)**  **(Alta View, Union, Eastmont)**  **T(P)UILC Class/School Kitchens**  **Custodial/Institute** | ☐**K Money Management**  ☐**K UT Ind. Living Center**  *Everyday Life Skills/Soft Skills*  *for Employment*  ☐**K Ability & Choice** **(Job site)**  ☐**N Menu Planning/Shop/**  **Meal Preparation/Lunch**  ~~☐~~**~~N Draper Senior Center (Job site)~~**  **~~and Draper Library~~**  **Not Available this semester**  ☐**N Sam’s Club/Walmart (Job site)**  ☐**BH Life Skills for Young Adults**  ☐**BR L. H. Miller Toyota (Job site)**  ☐**BR Community Awareness**    **T(P)Rec Center/Money Skills**  **Custodial/Classroom Jobs** | 1st Friday of the month: Students do not attend in person. OnlineGoogle Meet facilitated by teachers.  2nd Friday of the month: No school for students. We have staff training at CTA.  3rd Friday of the month: Activity Day for students. See explanation of page 3.  If a 4th Friday of the month: Activity Day for students. |
|  | **1 Hour Lunch- During lunch the students are working on community safety, purchasing, money management, nutrition, manners, and social skills.** | **1 Hour Lunch- During lunch the students are working on community safety, purchasing, money management, nutrition, manners, and social skills.** | **1 Hour Lunch- During lunch the students are working on community safety, purchasing, money management, nutrition, manners, and social skills.** | **1 Hour Lunch- During lunch the students are working on community safety, purchasing, money management, nutrition, manners, and social skills.** |  |
|  | **Classes continue after lunch** | **Classes continue after lunch** | **Classes continue after lunch** | **Classes continue after lunch** |  |
| **2:00 – 3:00** | **UTA Travel Training with staff support** | **UTA Travel Training with staff support** | **UTA Travel Training with staff support** | **UTA Travel Training with staff support** |  |
| **OR 2:00 – 3:00** | **Students taking the school bus home participate in Social Skills Instruction and Games** | **Students taking the school bus home participate in Social Skills Instruction and Games** | **Students taking the school bus home participate in Social Skills Instruction and Games** | **Students taking the school bus home participate in Social Skills Instruction and Games** |

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Initials: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**See Next 2 Pages for Class Descriptions**

**2021-22 CANYONS TRANSITION ACADEMY COURSE DESCRIPTIONS**

**Monday**

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| **RECREATION**  **Morning class**  Students participate in recreational activities in a school gym.  **TIME MANAGEMENT**  **Afternoon class**  Students will work on setting goals, planning, scheduling, establishing routines and making time estimates in order to have an awareness of time passage. | **MENU PLANNING, SHOPPING, MEAL PREPARATION AND LUNCH**  Students discuss basic nutrition, plan meals, create shopping lists, compare prices, budget, follow a recipe, and prepare a meal. They will purchase items at a local grocery store to cook for lunch that day. During lunch there is a lesson on meal time etiquette. | **O. C. TANNER**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Janitorial tasks include:  Laundry  Collecting trash  Wiping tables | **LIFE SKILLS FOR YOUNG ADULTS**  ***This class is offered Monday or Thursday.***  The class will focus on typical young adult experiences and the skills we all need to navigate life. Lessons conclude with *What do you think?* and *What would you do?* Sections. | **Classes at UTAH INDEPENDENT LIVING CENTER (UILC)**  **These classes are offered on Monday, Tuesday, Wednesday, and Thursday. See the schedule for the classes offered each day.**  ~Pre-Employment  ~Taking Care of Yourself or Home  ~Basic Tablet Skills  ~Recreation **(\*see below)**  ~Manners  ~Hygiene  ~Social Skills  ~Advocacy  ~Executive Functioning  ~Safety  ~Money Management  ~Conservation  **\* Recreation:** **All the best parts of home arts and games will be offered in this class. Scrapbooking, looming and cards are just a few of the classes in this fun informative learning experience**. |
| **VOCATIONAL REHABILITATION JOB READINESS WORKSHOP**  The workshops are presented by a VR Counselor and cover Self-Discovery, Job Readiness, Job Seeking, and Maintaining Employment. | **CAR DETAILING**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Students will clean the inside of employee’s vehicles at the Canyons Administrative Building. They will vacuum, clean windows, seats, and the console. |  |  |

**Tuesday**

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| **WALMART**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Students are also fronting, facing items on store shelves and returning items to all departments in the store. | **BEGINNING MENU PLANNING, SHOPPING and FOOD PREPARATION**  Students will receive additional support to create a shopping list and to purchase items at the grocery store. When they return to CTA, they will have assistance in learning beginning cooking and kitchen skills. Students will discuss basic nutrition and prepare a snack during each class. | **JOB CLUB**  This class is an advance job skill development class where students complete job interest surveys, create an employment portfolio, participate in mock interviews, and attend local job fairs. | **School Lunchrooms in the DIstrict**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Students go to various school kitchens in the district to wipe tables and benches and mark if a vegetable or fruit is taken when students take pick up their lunch. CTA Students are given a school lunch to eat prior to starting work. |
| **FIT FOR LIFE**  Students will engage in activities to promote physical fitness such as hiking, walking, swimming, kickball, yoga, and using fitness equipment. | ***Ni*ckel Mania**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Students will ride UTA to Nickel Mania in West Jordan to clean the game machines. They will be learning to stay on task, follow multi-step instructions, ask for help and respond to feedback and correction appropriately. |  |  |

**WEDNESDAY**

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| **HOME LIVING**  Students will participate in domestic activities such as shopping for household items, doing laundry, changing and making beds, vacuuming, dusting, sweeping and general cleaning. | **COMPUTER TECHNOLOGY**  Basic computer instruction and hands-on practice in a computer lab. Students learn internet and social media safety, how to email and how to access helpful information relative to their lives.  **JOURNEY TO ADULTHOOD**  This is a post-secondary introductory class that assists in the transition to adulthood. Primary focus of the class relates to emotional management skills and decision making skills, providing students with strategies for successfully navigating the challenges of adult life. | **RELEASE TIME**  **for**  **LDS INSTITUTE** | **CTA CREW FOODS SALES**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  This class provides students basic customer service skills necessary for employment. Students will set up a display in the employee lunch room and sell bagels and prepackaged food items to district employees on a weekly basis. Students will obtain a food handler’s permit. |
| **RECYCLING, SHREDDING & LIBRARY**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Students collect recycling, shred documents and learn how to file at the CTA Campus. After lunch the students go to the library. | **PERSONAL CARE**  Students will learn basic step-by-step personal care skills to encourage independence in improving and maintaining good hygiene. Topics will include: skin and nail care, hair care, oral hygiene, etc. | **School Lunchrooms in the District**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Students go to various schools in the district to wipe table and benches during the school’s lunch period. Students eat a school lunch prior to starting work. |  |

**THURSDAY**

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| **MONEY MANGEMENT**  Students receive classroom instruction in money-management and organization. These skills will assist them in community outings to local retail outlets. Students are encouraged to bring money and a shopping list to make purchases. | **ABILITY & CHOICE**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Ability & Choice is a program that helps people with disabilities work in a highly-supported environment. At the center students work with CTA staff assembling cell phone screen protection kits. Students are also putting together application packets for Vocational Rehabilitation.  *Assembled off site at CTA this semester.* | **MENU PLANNING, SHOPPING, MEAL PREPARATION AND LUNCH**  Students discuss basic nutrition, plan meals, create shopping lists, compare prices, budget, follow a recipe, and prepare a meal. They will purchase items at a local grocery store to cook for lunch that day. During lunch there is a lesson on meal time etiquette. | **DRAPER SENIOR CENTER & LIBRARY**  **(not available this semester)**  ***~~The Senior Center is a work-based learning site.~~***  *~~Students work on employment soft skills they will need to keep a job.~~*  ~~Students clean tables, play games, visit with Seniors, and help Seniors make crafts two times during the semester. If time allows, the students go to the library before lunch.~~ |
| **SAMS CLUB, WALMART**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Students working at these sites will be fronting and facing shelves, putting away return items, sweeping floors, and cleaning shopping carts. | **LIFE SKILLS FOR YOUNG ADULTS**  ***This class is offered Monday or Thursday.***  The class will focus on typical young adult experiences and the skills we all need to navigate life. Lessons conclude with *What do you think?* and *What would you do?* Sections. | **LARRY H. MILLER TOYOTA**  ***This is a work-based learning site.***  *Students work on employment soft skills they will need to keep a job.*  Students work with employees of Larry H. Miller Automotive changing oil, checking tire pressure, and changing tires. | **COMMUNITY AWARENESS**  In this class students will cover safety and community access. ~~and topics in the news.~~ Community access includes the following but is not limited to: Planning UTA routes, visiting libraries, hospitals, malls, banks, DMV, recreation centers, Adult Service Providers, food pantries, restaurants, Voc. Rehab., the Social Security Administration, etc. |

**FRIDAY**

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| **FRIDAY ACTIVITIES**  **Students pick one activity to attend. Bowling and going to the Mall are offered every activity day. An additional activity is also scheduled and the students will be notified of the activity each month.** |